From the Dest of:

Nykia E. Johnson

Licensed Professional Counselor | Entrepreneur | Empowering Mental Wellness & Personal Growth

Nykia E. Johnson, LPC, is a licensed professional counselor, entrepreneur, creative, and dedicated servant leader committed to empowering women, strengthening communities, and advancing the mission of Gamma Phi Delta Sorority, Incorporated. She is the Founder and CEO of Breakthrough Counseling, LLC and Everything Elyse, LLC, where she combines her passion for mental wellness, creativity, and personal development to positively impact others.

A proud member of Gamma Phi Delta Sorority, Incorporated, Nykia currently serves as the International Supreme Editor-in-Chief and as 2nd Vice President of the Beta Alpha Chapter. Through her service, she brings a strong background in communications, technology, branding, scholarship programming, and organizational development. She is passionate about using her gifts to elevate the Sorority's voice, preserve its legacy, and create meaningful opportunities for its members and the communities it serves.

Nykia holds a Bachelor of Arts in Psychology from Benedict College and a Master of Arts in Counseling from Spring Arbor University. She is also actively involved in the Benedict College National Alumni Association, where she serves as President of the Detroit Alumni Club and Mid-Western Regional Vice President.

Guided by faith, purpose, and a heart for service, Nykia believes that leadership is not simply about holding a position; it is about using your influence, gifts, and voice to create lasting impact. She is honored to serve on the International Board of Directors and looks forward to helping illuminate Gamma's legacy, elevate its voice, and inspire the next generation of Gamma women.

Sincerely

Nykia E. Johnson

Nykia E. Johnson, MA, LPC

"The Nykia Elyse Brand"

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